STATION FOUR

Jesus Meets the Women of Jerusalem

Luke 23:27-28, Psalm 32:3-5

Luke 23:27-28

A large number of people followed him,
including women who mourned and wailed for him.
Jesus turned and said to them,
“Daughters of Jerusalem, do not weep for me;
weep for yourselves and for your children.”

Psalm 32:3-5

When I kept silent, my bones wasted away
through my groaning all day long.
For day and night your hand was heavy upon me;
my strength was sapped as in the heat of summer.
Then I acknowledged my sin to you and did not cover up my iniquity.
I said, "I will confess my transgressions to the LORD"
-- and you forgave the guilt of my sin.

Prayer: “I praise you Lord Jesus Christ
because in your suffering and death you have redeemed the world.”
Lord, speak to me through this step in your journey
Amen.

Reflection & Prayer

As you journey with Jesus to the cross and imagine his pain
you are also feeling your own pain because Jesus is suffering for you.
Jesus tells the women to weep and mourn for themselves.
How do you feel about your own sins?
Do you try to excuse them, ignore them, compare them to others,
or do you weep and mourn over them.
Jesus' journey to the cross shows us the horror of sin
and the lengths God is willing to go to free us from our sins.

Take time now to pray. Ask Jesus to reveal to you areas of sin in your life
that you need to turn from and be free of by confessing them to Jesus.
As you pray, Jesus will reveal things to you. Name aloud,
or if you are with others, make a mental list of things
or areas in your life God's Spirit brings to mind.
They may be things that you are presently doing
or they may be things that you have done in the past
but they need to be forgiven and removed from your life.

You will use this list of confessed sins at a later station
so be sure to take the time now to note (or write down)
any sins that you are confessing.

Take as much time praying and writing as you need.
This is an important step in your journey to the cross.