

# Face Mask Instructions with Fabric Ties

## Directions

**Note:** Use a 1/4" to 3/8" seam

### To make ties:

Fold each long edge over 1/2" toward center so the raw edges meet. Press. Fold again in the center so the folded edges meet. Press and stitch close to the folds that meet. You should have a double folded strip 1/2" wide. Repeat for remaining three strips.

### To assemble mask:

1. Place the two pieces of cotton fabric right sides together, matching edges and pin together to hold.
2. Starting at the center of one long edge, sew to the first corner and stop with the needle down. Raise the pressor foot. Slide one end of a strip in between the two pieces of fabric, up against the corner but along the short edge. Slightly angle the strip towards the center of the mask.
3. Pivot and sew along the short edge of the mask, catching the strip in between the layers. Stitch over the strip back and forth several times to secure.

***Pro Tip:** Make sure the strips don't get caught in the seam as you sew around each side.*

4. Continue to sew along the short edge of the mask and **stop 3/8" from the next corner**. Stop with the needle down. Raise the pressor foot. Slide one end of another strip between the two pieces of fabric, up against the corner but along the short edge. Slightly angle the strip towards the center of the mask. Pivot.
5. Continue to sew along the third (long edge) of the mask and **stop at the corner** with the needle down. Raise the pressor foot and pivot. Slide one end of the third strip between the two pieces of fabric, up against the corner but along the short edge. Slightly angle the strip toward the center of the mask. Pivot and sew. Secure the end of the strip by **stitching back and forth several times**
6. Continue to sew along the final (short edge) of the mask and **stop 3/8" from the corner**. Stop with the down. Raise the pressor foot. Slide one end of the last strip between the two pieces of fabric, up against the corner but along the short edge. Slightly angle the strip toward the center of the mask. Pivot
7. Secure the end of the strip by **stitching back and forth several times**
8. Finish sewing final (long) edge of the mask, leaving a small space to turn the mask right side out.

### Materials Needed for One Adult-Sized Mask

- **Two** 6.5" x 9.5" pieces of tightly-woven 100% cotton fabric
- **Four** 2" x 18" strips of fabric-cut on crosswise or lengthwise grain.(this length allows for plenty of room to tie strips in back.)

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Directions for [WeNeedMasks.org](http://WeNeedMasks.org) adapted from mask instructions from Deaconness Health video



9. Turn the mask right side out and gently tug on the strips to be sure they are secure.
10. To finish the loose end of each strip, fold under twice and stitch back and forth several time to secure.
11. Make 3 tucks on one short side of the mask and pin in place.
12. Make 3 tucks on opposite short side of the mask and pin in place.  

Pro Tip: **Make sure the tucks are going in the same direction** on both sides of the mask
13. Top stitch completely around the mask – twice – to insure that everything is secured.

Please assure there are no fraying or unfinished seams. Masks will be cleaned and sanitized by the receiver. Please follow the guidelines and any special requests from each receiving organization that can be found on the <https://www.WeNeedMasks.org> website.

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