

Deliverance Prayer Model

In the Name of Jesus Christ and by the power of His cross and Blood and by the power of the Holy Spirit, I lift to the Lord myself, my family, our home, work place and each person for whom I am now praying. By the authority of the Word of God it is written "Whatsoever is bound on earth is bound in heaven; what is loosed on earth is loosed in heaven" (Matt 18:18). Standing on the word of God and in the name of Jesus Christ I bind you Satan and all your evil spirits, demonic forces, satanic powers, principalities and forces of the air, water, fire, ground, the netherworld and the satanic forces of nature. I bind all evil interplay out of and away from each and every individual's spirit, mind and body for whom I am now praying and send these evil forces to the feet of Jesus Christ. Your assignments in the lives of these people are now broken.

In the Name of Jesus Christ, I loose the Holy Spirit and the heavenly hosts to surround and protect each area and individual, and to seek out and cleanse with God's holy light all areas vacated by the forces of evil. I loose the Holy Spirit to permeate their spirit, mind and body, creating a hunger and thirst for God's Word to the glory of God the Father, the Son and Holy Spirit.

In the name of Jesus Christ and by the power of His Word, I bind all spiritual, physical and mental rebellion, defiance, guilt, denial, deception, violence, confusion, fear of failure, procrastination, spirit of control, criticism, poverty, infirmity, self-hatred, incest, anger, fear, anxiety, rejection, poor self-image, distrust, timidity, false pride, laziness, lethargy, need to control, and any occult spirit of darkness and death, in each of the people I am praying for, and I send these spirits to the feet of Jesus Christ, now. I loose the Spirit of obedience, love, peace, joy, acceptance, good self-image, discipline, relinquishment, freedom of guilt, a sound mind, truth, acceptance of self, trust, self-control, faithfulness, goodness, kindness, and the light and life of Jesus Christ in them.

I rebuke all spells, hexes, curses, voodoo practices, witchcraft, satanic rituals and prayers not of the Lord that have been sent our way and send them to Jesus Christ to deal with.

In the name of Jesus Christ and by the power of His word, I take the Sword of the Spirit and cut every person free, for whom I am now praying, from all generational inherited sins, weaknesses, character defects, personality traits, and cellular and generic disorders. I cut all bonds that are not of the Lord between us, our parents, our siblings, our children, and our grandparents.

In the Name of Jesus Christ we are now free to become the child of God the Lord intended us to be filled with love, peace, joy, patience, kindness, goodness, faithfulness and self-control. Thank you Lord, that you would grant all of us 'according to the riches of your glory to be strengthened with power through your Holy Spirit in our inner being, so that Christ may dwell in our hearts, through faith, and that we being rooted and grounded in love, may be able to comprehend with all the saints what is the breadth, and length and height and depth and to

know the love of Christ which surpasses knowledge, that we may be filled up to all the fullness of God' (Eph 3:14-19)

PREPARATION OF FAMILY TREE

A family tree is used to diagram family history so you can see, at a glance, where problems are in each generation. Begin at the bottom of the family tree; fill in your name and your spouse's name, and any problems you have (if divorced, insert your previous spouse's name, too). Do the same with your children, your parents and your brothers and sisters. Continue in this way up the family tree, as far as you can remember, indicating any patterns or problem areas in your family line. Some problems come down vertically, as from grandfather to father, some horizontally, from aunt to aunt, or cousin to cousin. Some of the problems are obvious, others are known only to God. Do not worry about what you do not know. Jesus will reveal what you need to know, and what He reveals He will bring into healing.

Great traumas may be healed through generational healing prayer without your knowing their exact cause. However, if you find that your family's problems are not completely resolved after one Holy Communion or healing prayer session, continue to intercede for them. In some cases, it may be necessary for prayer for the Healing of Generations to be repeated several times for family bloodlines. The following instructions provide some ideas to help prepare your family tree.

To construct your family tree, go back at least four generations, even if you do not know all names. If possible, check with parents, grandparents and other relatives to get more details or clearer information. Simply write on the family tree every issue that you would like to bring to the Lord. If you were adopted, you may have only a minimal amount of information regarding your biological family. In that case, include whatever information you have as to your biological family, as well as any pertaining to your adopted family. If you were adopted and are unaware of your biological family, simply include all the information pertaining to your adopted family.

Once you have finished constructing the family tree, look at the patterns in the family bloodlines. Below are some of the common areas of generational bondage that may help you form a more complete picture of your family line. Remember to ask the Holy Spirit to reveal the truth. He may give you an area that is not listed below, but it is essential to put down all areas revealed to you in order to break the patterns of generational sin.

Unusual and Violent Deaths or Severe Trauma

Identify, by name, the people in your family who:

- Committed or attempted suicide.
- Were murdered or died in tragic ways such as accidents or wars
- Committed an abortion or participated in/sponsored an abortion
- Suffered repeated miscarriages.
- Died in a mental institution, nursing home, or prison (especially those who felt lonely, unloved and/or abandoned)
- Were not given a Christian burial (including committal services) or were unmourned.
- Suffered severe trauma, with evidence of effects passed on through the family (e.g., drowning, resulting in fear of water or other members, especially descendants).

Evidence of Occult or Demonic Activity

- Superstitions.
- Involved in the occult (e.g., witchcraft, astrology, spiritualism or divination).
- Opening one's self to powers in the spiritual realm, such as predicting the future.
- Made a blood covenant with Satan or was involved in satanic worship.
- Involved with a witch or other persons involved in the occult.

Habitual Patterns of Sin

- Sexual Sins
 - Adultery/fornication
 - Prostitution
 - Incest
 - Pornography
 - Lust
 - Sexual promiscuity
 - Sexual perversions

Be sure to list all sexual partners and/or any soul-ties you have with another. Even if it was not sexual you may be tied spiritually, emotionally, or mentally. If you are conjoined to another, you must be cut free from this relationship. Remember that Jesus does not separate us from a person when we have been tied to him or her in ways that are holy and within God's will. He only sets us free from the unholy or destructive part of the relationship. This is an especially important step when you are married or planning to marry.

- Other Habitual Sins
 - Violence
 - Abuse (physical, mental, emotional, spiritual)
 - Incest
 - Racial prejudice
 - Anger
 - Religious prejudice
 - Murder
 - Pride
 - Greed
 - Materialism
 - Hatred
 - Unforgiveness
 - Addictions (alcoholism, nicotine, drugs, food, etc.)
 - Selfishness
 - Judgments

Destructive or Abnormal Patterns of Relationships

- Abuse (emotional, mental, physical or spiritual)
- Hostility

- Control
- Manipulation
- Domination
- Revenge
- Unforgiveness
- Bitterness
- Anger

Diseases and/or Predispositions to Illness

- Arthritis
- Cancer
- Diabetes
- Depression/Mood Disorder
- Fibromyalgia
- Headaches
- Heart Trouble
- High Blood Pressure
- Respiratory Trouble
- Skin Problems
- Ulcers

Historical Family Connections

- Involvement with events of great sin, evil, or trauma (e.g., massacres, plagues, slavery, conquests, etc.)
- Ethnic origin issues; negative traits, cultural evils, oppression, or curses.

Religious History

- List all non-Judeo/Christian religions in the family or ancestral history (e.g., Islam, Buddhism)

In Utero Wounding

- Child conceived in lust or rape
- Illegitimacy
- Parent considering adoption or abandonment
- Fears/anxiety (e.g., mother had difficulty carrying child to term)
- Attempted/failed abortion
- Loss of father
- Life-threatening illness of the mother
- Life-threatening illness of the baby
- Mother had miscarriage(s) or abortion(s) before you were conceived
- Parent(s) wanted a child of the other sex

GENERATIONAL HEALING

Prayer – Start the session with prayer

Introduction

Tonight's lesson deals with being under the influence of past generations and how that influence could hurt us today. The information comes from "Learning to Do What Jesus Did" by Michael Evans and Generational Restoration by Robert John Morrisette.

I have attached a copy of a family tree that we will be using in this lesson. Please put your family members names in the places they belong and leave space to put some traits next to them.

Our family tree shows us that there are just purely human, natural, genetic predispositions toward various kinds of sickness. We recognize this when we go to the doctor's office and they ask us to fill out a chart: "Did your parents have cancer, did they have arthritis...?" We recognize that these things do go through the generations and that some people have a predisposition to types of sickness. Some have a predisposition to breast cancer, some to sickle cell anemia. So it is not a spiritual thing at all but is something that apparently goes down through the genes. Medical researchers are also finding that there are dispositions to various temperamental aspects of our lives. Not only do physical conditions descend; personality and behavioral tendencies do so as well.

Which of your kids can you look at and say he/she is just like his father/mother? On my father's side of the family our faces are long and kind of rectangular and we all love to read books. From my mother's side we like to go for walks and enjoy the countryside and she loved to paint. We have mannerisms and habits that could have come from no other source than our family line. I look a lot like my father and see his features in my brothers as well. I see my mother's kind heart is my youngest brother and her artistic ability in my middle one.

There has always been this awareness that what has gone wrong in past generations can influence us. We seem to know by experience that something is wrong. There is evil in the world. There is some kind of evil, or sin, or weakness in us that is more than us, and we need a Savior to release us and to free us from the effects of that sin.

The sins of the past generations and their weaknesses affect all of us in some way. Some of it is very understandable. Like the way we learn in our homes how to relate to one another. For instance, if there is violence in the home, it tends to go on, generation-to-generation. To stop or change this we need to be set free from those destructive patterns that we learn in the home.

Most of us are aware of passages like Exodus 34:6-7 which says:

The Lord passed in front of Moses, calling out,

“Yahweh! The Lord! The God of compassion and mercy!

I am slow to anger and filled with unfailing love and faithfulness.

I lavish unfailing love to a thousand generations.

I forgive iniquity, rebellion, and sin.

But I do not excuse the guilty.

I lay the sins of the parents upon their children and grandchildren; the entire family is affected – even children in the third and fourth generations.”

Look at the 4th line. Do you know the difference between iniquity, rebellion and sin? The Hebrew word *chatta' ah* is derived from the word *chata'* and are both translated as 'sin'. The word *chata* means 'to miss' as in 'to miss the mark' or target. God sets a standard of how we are to live, and whenever we fail to meet that standard, we have sinned. Therefore, 'sin' is anytime we fall short of God's standard – whether we know better or not.

The Hebrew word *pasha* is derived from the word *pasha* and both are commonly translated as 'transgression,' meaning 'to break away' or revolt.' It is also sometimes translated as 'trespass' or 'rebellion.'

The third word 'iniquity' is from the Hebrew word *avon*. Its literal meaning is 'perversity,' or moral evil. It is an evil inclination, a motivation, but not an obligation, to behave and think in a sinful way. Its root meaning is 'to bend' or 'make crooked.' It happens whenever something God created is altered or changed from its intended design or purpose.

For instance, God designed communication. Within His wonderful design, He intended for us not to lie to one another, but to be truthful. He intended it this way for our benefit, that life would go better if we communicated without lying.

Iniquities fall into three categories: personal, communal, and generational. It is the context of the passage that clarifies which category of iniquity is being addressed.

- Personal iniquities are those that an individual has committed (1 Chronicles 21:8). They are any sinful ways of thinking and/or acting that a person has allowed to become a habit or way of life. “This is just the way I am.”
- Communal iniquities are ones committed by a group of people or community such as cities, people groups, nations, organizations, businesses, corporations and governments. A biblical example is when the Israelites refused to enter the Promised Land. They chose to obey their fears despite all the miracles God had shown them.
- Generational Iniquities are what we are going to be discussing tonight. They are those we have inherited from our ancestors and which we pass on to our

descendants. These have a tremendous impact on our lives, as well as on the lives of others.

Not knowing the difference between the meanings of the Hebrew words have led to several misunderstandings and have hindered us from gaining greater insights and applications from Scripture.

One is: we do not inherit our ancestors' sins but we do inherit their iniquities. The phrase 'visiting the iniquity of the fathers' has been translated 'visiting the sin of the fathers' which has blurred the meaning of the original text.

Another misunderstanding is that we may believe we are bound to commit the same sins and iniquities as our forefathers. While generational iniquity has the power to influence, it doesn't have the power to control us. We have free will. And with our free will, we make choices either to submit to influences or to resist them. Therefore, we aren't destined to be just like our forefathers in their sinful ways, though we may struggle with similar issues.

If we take a quick look at the life of Abraham we see that he had an issue with passivity. He dishonored his wife twice by telling others that Sarah was his sister. He did this out of fear for his own life instead of being willing to proclaim Sarah was his wife even if it meant forfeiting his own life. He had no reason to do this because the Lord had spoken to him promising that He would bless him (Genesis 12:2-3; Genesis 12:7). Because of this he missed an opportunity to walk by faith by trusting God.

Then Isaac did the same thing to his wife (Rebecca) in Genesis 26:1-7. This is how generational iniquity works. When in a situation similar to that of his father, Isaac was tempted to respond in the same manner. Unfortunately, instead of resisting it, he also responded in passivity by not protecting his wife.

Then along came Jacob who inherited the same generational tendency to be passive. Keep in mind that one's circumstances don't have to be exactly the same as one's ancestors – just similar – in order for the generational influences to visit. When Jacob was facing a situation where he had to make a decision, Jacob also had two choices: he could behave like the previous two generations, attempting to save his life at the expense of his loved ones. Or, he could risk his own life for their sake. He chose to resist the generational iniquity of passivity. He faced his brother, instead of submitting to his fear. He put his own life at risk, thus protecting his wives. As a result, he broke the family trait of passivity.

I have been told that when you become a Christian that all your sins and iniquities are gone. In the book *Generational Restoration*, Robert Morrissette describes it this way: Becoming a Christian means recognizing that we are sinful, and that we need Jesus as our Lord and Savior, thus receiving by faith, what He did for us. This is called salvation, saving us from eternal separation from God. As a result, when we die in this life, we will have eternal life with God. We are saved by believing on the Lord, Jesus Christ (Acts 16:13), not by confessing all of our sins or

by any good deeds we could ever perform (Ephesians 2:8-9). But while becoming a Christian saves us from eternal death, it doesn't stop the reaping of what we and our ancestors sowed.

Once we become saved, we then become recipients of the benefits of our salvation through Jesus. However, we must actively participate in the Lord's work in our lives. Confessing our sins is one of the ways we participate. As we learned in the lesson of reaping and sowing, we sow sins and reap the bad fruit of what we planted. When we confess our sins, this stops the reaping of those sins. This is also true with transgressions and iniquities.

We use the same steps to get rid of them.

1. Tell the Lord your story about the hurtful event.
2. Share with the Lord how you felt when it happened.
3. Confess your sinful responses.
4. Forgive those who offended you.
5. Renounce any negative decisions you had made or lies you believed.

With the generational iniquities we would also add our ancestors into this prayer as well as when we have allowed the iniquity to be repeated in our lives.

James 5:16 says 'Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.' Confessing our sins is part of our spiritual hygiene. It is for our benefit. As we go through life, we unfortunately sin from time to time. And, whether we do so intentionally or not, we still need to confess our sins.

As we mature as Christians, we learn more about God's ways. In the process, we often discover sins that we were unaware of or had forgotten. This is true of generational iniquities as well. When the Lord reveals these to us, we are to confess them so we may experience the benefits of doing so.

The following are some things to consider when determining if the problem may be one of generational iniquity

1. Power to Influence – Does what you are experiencing seem to have an unusually strong power to influence? If so, what is the theme?
2. Patterns – Are there recurring patterns or certain situations in which the influence occurs? If so, what are some of the characteristics common to those situations?
3. Persistence – Do these patterns keep recurring despite your efforts to resist them? Do they persist despite your attempt to consider other possible causes and to apply the means to resolve them?

I have included a copy of the Deliverance Prayer Model. It is a good one to use in a group.

I would like to go into the break-out with these instructions.

- Take a few minutes to fill out your family tree
- Go through the list patterns in the Preparation of Family Tree handout
- Pray the Deliverance Prayer for your group
- Discuss any results

Then we will return and share what you discovered.

MY FAMILY TREE

